



# St. Francis College

**Koramangala**

**Department of Training & Placement**

## Career Guidance Session on “Positive Thinking for Positive Career Growth”

**Date: 30/9/2022**

**Resource Person: Mr. Sabu Pappachan**

**Participants: MBA & MCA Students**

**Report Submitted by: Ms. Smitha Koshy**

**Objective:** To discover the ability to think positive and grow in career the purpose of life and positive career growth that helps them to survive in the corporate world.

The speaker began the event with a small event that was very motivational for students to take active part in the event of day. Once the speaker had captured the audience's attention, he began the workshop. The speaker gave three inspirational stories of well-known persons in the world. The stories, "colonel Sanders", "Madan Mohan Malaviya" and "Mother Tersa", are very helpful to students to think positively. Then the speaker mentioned two real experience of two students who were coming to him for intern, which were helped the students to be punctual and be thankful to everyone.

The speaker focused on the purpose of life that consisted of only 10% happiness is luxury car, luxury house and smart phone. On the other hand, the real 90% happiness lies on building Relationships. Then the speaker conveyed the message on building relationships to with whom, namely-colleagues, college authorities, HR managers, company colleagues, company authorities, neighbors, relatives. Afterwards, the speaker started to speak about the brand and

he mentioned that “our positive actions brings positive brand”. Then he delivered short message on sundar pichai that was very meaningful to students. After, he gave the differences between JOB and CAREER that really helped students to have career in their lives. Finally, the speaker concluded with inspiring sentence –“ATTITUDE IS EVERYTHING”. But, it will not happen a sudden, it requires “POSITIVE THINKING+POSITIVE TALKS+POSITIVE ACTIVITIES=ATTITUDE” by this the speaker concluded

